

Small Sided Games

	Under 6 Which Way Do I Go?	Under 8 Are You My Teammate?	Under 9 Developmental Travel	Under 10 Developmental Travel	Under 11 Competitive	Under 12 Competitive
Format	3 vs.3	4 vs. 4	6 vs. 6	6 vs. 6	8 vs. 8	8 vs. 8
Team Size	Min: 6 Max: 9	Min: 8 Max: 12	Min: 8 Max: 12	Min: 8 Max: 12	Min: 10 Max: 14	Min: 10 Max: 14
Field Size	Min: 15 x 20 yards Max: 20x 30 yards	Min: 20 x 25 yards Max: 25x 40 yards	Min: 35 x 45 yards Max: 45 x 60 yards	Min: 35 x 45 yards Max: 45 x 60 yards	Min: 45 x 80 yards Max: 55 x 90 yards	Min: 45 x 80 yards Max: 55 x 90 yards
Goal Size	4 ft high x 6 ft wide Use cones, flags or pop-up goals.	4 ft high x 6 ft wide Use cones, flags or pop-up goals.	Min. 6 Max 6.5 ft high x 12 ft wide	Min. 6 Max 6.5 ft high x 12 ft wide	7 ft high x 21 ft wide	7 ft high x 21 ft wide
Ball Size	3	3	4	4	4	4
Game Length	4 x 6 min. quarters	4 x 12 min. quarters	2 x 25 min. halves	2 x 25 min. halves	2 x 30 min. halves	2 x 30 min. halves
Levels*	None	None	Maroon Gold	Maroon Gold	Classic 2 Classic 3	Classic 1 Classic 2 Classic 3
Referees	None	None	1	1	1–3	1–3
Offside	NOT in effect	NOT in effect	NOT in effect	NOT in effect	IS in effect	IS in effect
Rules	See <i>FIFA Laws of the Game</i> and MYSA modifications.	See <i>FIFA Laws of the Game</i> and MYSA modifications.	See <i>FIFA Laws of the Game</i> and MYSA modifications.	See <i>FIFA Laws of the Game</i> and MYSA modifications.	See <i>FIFA Laws of the Game</i> and MYSA modifications.	See <i>FIFA Laws of the Game</i> and MYSA modifications.
Substitution	Allowed at any stoppage of play.	Allowed at any stoppage of play.	Allowed at any stoppage of play with the referee's discretion.	Allowed at any stoppage of play with the referee's discretion.	Allowed at any stoppage of play with the referee's discretion.	Allowed at any stoppage of play with the referee's discretion.
Goal keeper	None required	None required	Yes	Yes	Yes	Yes
Training-to-Games	1 : 1 ratio	1 : 1 ratio	1 : 1 ratio	2 : 1 ratio	2 : 1 ratio	2 or 3 : 1 ratio
Frequency	1 day per week	1 day per week	2 days per week	2 days per week	2–3 days per week	2–3 days per week
Duration	45 minutes	45–60 minutes	60–75 minutes	60–75 minutes	60–75 minutes	60–75 minutes
Child-to-Ball Ratio	1 to 1	2 to 1	4 to 1	4 to 1	6 to 1	6 to 1
Max Games/Year	<i>Not yet formalized</i>	<i>Not yet formalized</i>	20	20	30	30
Coach License / Certificate Level	U6/U8 Youth Module	U8/U10 Youth Module	U8/U10 Youth Module	U10/U12 Youth Module	U10/U12 Youth Module / E Certificate	E Certificate