



# TOPIC: The Finishing Attitude

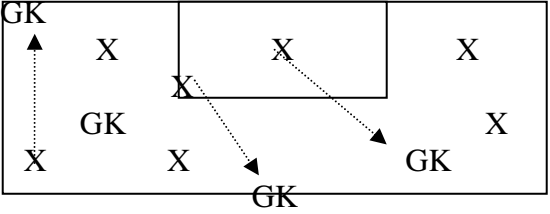
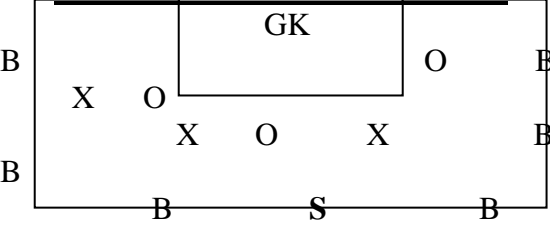
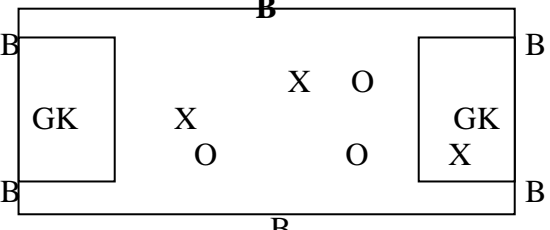
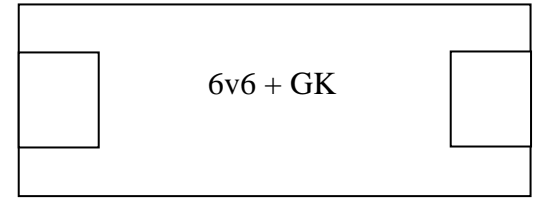
Key:

Running without the ball 

Running with the ball 

Pass 

**Coach Name: Steve Bellis**  
**ODP State Coach**

<u>FUNDAMENTAL WARM UP</u>	<u>ORGANIZATION</u>	<u>KEY COACHING POINTS</u>
	<ul style="list-style-type: none"> <li>• X's with a ball and moving in and around goal area</li> <li>• GK's moving inside area and using hands</li> <li>• X's striking into GK's – GK returning the ball for X's next strike on another GK</li> </ul>	<ul style="list-style-type: none"> <li>✓ Relaxed movement with the ball</li> <li>✓ Good preparation touch out of feet</li> <li>✓ Encourage accuracy over power</li> <li>✓ Driven shots with instep and variety of finishes into GK</li> <li>✓ Follow through</li> </ul>
<p><u>MATCH RELATED ACTIVITY</u></p> 	<ul style="list-style-type: none"> <li>• 3v3 + GK + "Bouncers" to 1 Goal</li> <li>• Game only stops with a save or ball out of play- encourage bouncers to play 1 touch</li> <li>• Server varies serve with each ball</li> <li>• Play with 10 chances to score</li> </ul>	<ul style="list-style-type: none"> <li>✓ As above</li> <li>✓ Be a bright and quick thinker in a tight space</li> <li>✓ <b>Be willing to take chances-attitude</b></li> <li>✓ Demand a finish on goal</li> <li>✓ Finishing inside to penalty area and second ball opportunities</li> <li>✓ Work with teammates to create opportunities</li> </ul>
<p><u>MATCH RELATED ACTIVITY</u></p> 	<ul style="list-style-type: none"> <li>• 3v3 + GK + "Bouncers" to 2 Goals – 2 penalty boxes (44 x 36)</li> <li>• Game only stops when the ball is out of bounds- encourage bouncers to play 1 touch</li> <li>• Play a timed game or 1<sup>st</sup> team to score 3 times</li> <li>• Keepers have a good supply of balls</li> </ul>	<ul style="list-style-type: none"> <li>✓ Good preparation touch out of feet</li> <li>✓ Holding up the ball/ shielding to work with team mates</li> <li>✓ Angles of runs on and off the ball</li> <li>✓ Awareness of supporting players</li> <li>✓ Turning to take on the defenders</li> <li>✓ <b>Be willing to take chances-attitude</b></li> </ul>
<p><u>MATCH CONDITION ACTIVITY</u></p> 	<ul style="list-style-type: none"> <li>• Area- age group and numbers appropriate.</li> <li>• Two teams 6 v 6 or 8 v 8 with keepers</li> </ul>	<ul style="list-style-type: none"> <li>✓ As above</li> <li>✓ <b>Be willing to take chances-attitude</b></li> </ul>

**Cool Down**

## **The Finishing attitude**

Scoring goals can be the single most difficult task in soccer, yet it is the number one aim in the game. Goal scorers need to possess striking ability with either foot, composure under pressure, determination, anticipation, physical strength and supreme confidence to take chances time after time regardless of the outcome.

In order to provide players with the opportunity to become goal scorers it is important that we as coaches offer a multitude of practices that promote a finishing attitude.